ATON Center is a residential substance misuse facility that offers detox services and treatment of co-occurring disorders. ATON Center is a 10-acre campus with five unique homes. The grounds are lush and feel as if you are walking through a botanical garden.

We call every person here a resident because for your stay, this is home, and we want you to feel safe and understood. We treat our residents with compassion and respect during their stay with us.We offer non-12-step alternatives such as SMART, Refuge Recovery and more.









LICENSED & CERTIFIED BY DHCS
https://data.chhs.ca.gov/dataset/sud-recovery-treatment-facilities





WWW.ATONCENTER.COM



# 

# FIND YOUR DIRECTION



WWW.ATONCENTER.COM



### ATON CENTER PHILOSOPHY

ATON Center is family-owned and believes in individualized care. We see addiction as a maladaptive coping mechanism and seek to find the root cause. We utilize a holistic approach and believe in treating the mind, body, and soul. There is no one-size-fits-all approach to treatment.



We believe in creating a space for healing. This includes not using stigmatizing language and a comfortable environment.

ATON stands for Aid to Navigation. Our goal is to help you find your direction. Five individual therapy sessions per week. Evidence and CBT based curriculum. Trauma focused lens.



## DAILY INDIVIDUAL SESSIONS

Daily individual sessions to address cooccurring issues and the root cause, such as anxiety, depression, and trauma. We offer EMDR and family sessions to meet each individual's unique needs.



### MEDICALLY ASSISTED DETOX

Our physician is a certified addiction specialist, and we strive to make detox comfortable and, most importantly safe with 24/7 nursing.

### **INSURANCE ACCEPTED**

ATON Center is in-network with Anthem. We can also work with most PPO insurance plans.



We believe in self-care, and introducing residents to holistic practices. Each resident receives three individual sessions per week. This includes massage, hypnotherapy, yoga, accupuncture, personal training, watsu, and physical therapy.

Unlimited group holistics include sound bowl healing, meditation, breathwork, and hiking.

